



GAGES' COMMUNITY LUNCHES

FOREST ROW COMMUNITY CENTRE LUNCHES

OCTOBER 2020



WEDNESDAY	THURSDAY	FRIDAY
<p>7th</p> <p>Carrot & Coriander Soup</p> <p>Coq au Vin or Stuffed Mushrooms(V)</p> <p>Lemon Posset</p>	<p>8th</p> <p>Leek & Barley Soup</p> <p>Beef Pot Roast Or Spanish Spinach & Mushroom Bake (V)</p> <p>Chocolate Pancake with Bananas</p>	<p>9th</p> <p>Cream of Spinach Soup</p> <p>Roast Gammon Or Pumpkin Pie (V)</p> <p>Ginger Sponge with Custard</p>
<p>14th</p> <p>Butternut Squash Soup</p> <p>Fish Pie Or Cheesy Potato Pie (V)</p> <p>Caramel Pear Blondies</p>	<p>15th</p> <p>Cream of Celeriac Soup</p> <p>Roast Turkey Or Mushroom Risotto</p> <p>Caramel Croissant Bread & Butter Pudding</p>	<p>16th</p> <p>Courgette & Potato Soup</p> <p>Chicken, Ham & Bean Casserole Or Vegetable Frittata</p> <p>Apple Cake</p>
<p>21st</p> <p>Autumn Vegetable Soup</p> <p>Shepherd's Pie Or Smoked Vegetable Rice(V)</p> <p>Pear & Hazelnut Cake</p>	<p>22nd</p> <p>Three Bean Soup</p> <p>Cumberland Roast Chicken Or Cauliflower Cheese Spaghetti (V)</p> <p>Blackberry Mousse</p>	<p>23rd</p> <p>Mushroom Soup</p> <p>Pork & Ricotta Meatballs Or Creamy Vegetable Tagliatelle (V)</p> <p>Fruit Trifle</p>
<p>28th</p> <p>Soup of The Day</p> <p>Roast Beef Or Macaroni Cheese (V)</p> <p>Apple Crumble</p>	<p>29th</p> <p>Carrot & Courgette Soup</p> <p>Turkey & Ham Pie Or Roast Vegetable Crumble (V)</p> <p>Lemon Tart</p>	<p>30th</p> <p>French Onion Soup</p> <p>Mediterranean Chicken Bake Or Vegetable Tart</p> <p>Rice Pudding</p>

HOME DELIVERY OR COLLECTION ONLY SERVICE

Call 01342 822661 by 11am

Soup £2.50 Main £4.50 Dessert £2.50

Please note that menus are subject to change at times

