



'GAGES'



FOREST ROW COMMUNITY CENTRE LUNCHES

JANUARY 2023

WEDNESDAY	THURSDAY	FRIDAY
<p>4TH Cauliflower & Sweet Chestnut Soup Cottage Pie Or Vegetarian Bean Pie(V) Apple Crumble & Custard</p>	<p>5TH Cream of Mushroom Soup Roast Beef Or Butternut Squash Risotto(V) Chocolate & Cherry Gateau</p>	<p>6TH Roasted Sweet Potato & Carrot Soup Salmon In Tarragon Sauce Or Mushroom Stew(V) Lemon Surprise Pudding</p>
<p>11TH Tomato Soup with Pesto Chicken Curry Or Vegetable Curry(V) Syrup Pudding</p>	<p>12TH Green Minestrone Soup Beef Bourguignon Or Spicy Roast Vegetables with Lentils (V) Apple & Berry Pie & Custard</p>	<p>13TH Spiced Roast Parsnip Soup Honey Roast Gammon Or Cauliflower & Leek Bake(V) Fruit Salad</p>
<p>18TH Celery & Stilton Soup Sweet & Sour Pork Or Sweet & Sour Quorn(V) Chocolate Brownies & Cream</p>	<p>19TH Golden Cider Soup Chicken, Leek & Ham Pie Or Aubergine, Tomato & Haloumi Pie(V) Plum & Apple Cobbler with Custard</p>	<p>20TH Butternut Squash & Ginger Soup Baked White Fish with Herb Crust & Tomato Salsa Or Vegetable Crumble(V) Lemon Posset</p>
<p>25TH Pea & Leek Soup Beef in Beer with Dumplings Or Butterbean Casserole(V) Lemon Tart With Raspberry Coulis</p>	<p>26TH Carrot & Courgette Soup Roast Pork Or Cauliflower & Broccoli Cheese(V) Coconut, Rum & Raisin Rice Pudding</p>	<p>27TH Moroccan Lentil & Tomato Soup Chicken with Mushroom & Tarragon Sauce Or Lentil & Mushroom Pie(V) Tiramisu</p>



Prices: Soup £2.50 Main £4.50 Dessert £2.50
Please note that menus are subject to change at times
Call 01342 822661 before 11am to book a delivery
Lunch served between 12:30pm – 1:45pm

