



'GAGES'



FOREST ROW COMMUNITY CENTRE LUNCHES

FEBRUARY 2024

WEDNESDAY	THURSDAY	FRIDAY
31 ST JAN Cream of Mushroom Soup Spaghetti Bolognese Or Vegetarian Spaghetti Bolognese(V) Fruit Salad	1 ST Butternut & Ginger Soup Roast Chicken with Pecans & Parsnips Or Courgette Gratin(V) Chocolate Roly Poly Pudding	2 ND Soup of The Day Sausage & Mash Or Vegetarian Sausage & Mash(V) Stone Fruit Tart
7 TH Roast Pepper & Tomato Soup Spanish Chicken Or Vegetable Bake (V) Chocolate Roulade	8 TH Carrot & Coriander Soup Smokey Fish Pie Or Cheese & Vegetable Pie(V) Tres Leche Cake & Berries	9 TH Leek & Potato Soup Roast Pork Or Asparagus & Pea Risotto(V) Apple Strudel
14 TH French Onion Soup Sweet & Sour Pork Or Sweet & Sour Quorn(V) Lemon Surprise Pudding	15 TH Spicy Root Vegetable Soup Beef with Boston Beans Or Mixed Bean Stew with Feta(V) Key Lime Pie	16 TH Pea & Mint Soup Chicken in Creamy Mushroom Sauce Or Stuffed Peppers(V) Ginger Cake & Custard
21 ST Spiced Carrot & Lentil Soup Fish with Chorizo Sauce Or Caramelised Onion, Chicory & Blue Cheese Tart Tatin(V) Tiramisu	22 ND Courgette & Cheese Soup Pork Goulash Or Mixed Bean Goulash(V) Plum Tart Tatin	23 RD Celeriac & Apple Soup Chicken, Leek & Ham Pie Or Aubergine Parmigiana(V) Chocolate & Pear Pudding

Prices: Soup £2.50 Main £4.50 Dessert £2.50
Please note that menus are subject to change at times
Call 01342 822661 before 11am to book a delivery
Lunch served between 12:30pm – 1:45pm

