



# 'GAGES'



## FOREST ROW COMMUNITY CENTRE LUNCHES

### MARCH 2023

WEDNESDAY	THURSDAY	FRIDAY
1 <sup>ST</sup> Spicy Roast Parsnip Soup Salmon in Creamy Tarragon Sauce Or Stuffed Squashetta(V) Apple Strudel	2 <sup>ND</sup> Potato & Onion Soup Spanish Lamb Or Butterbean Stew(V) Rhubarb Crumble	3 <sup>RD</sup> Cream of Spinach Soup Roast Pork Or Cauliflower, Leek and Broccoli Gratin(V) Fruit Salad
8 <sup>TH</sup> Tomato & Lentil Soup Pork, Cider & Sage Hotpot Or Celeriac & Blue Cheese Gratin(V) Tutti Frutti Ice Cream with Berries	9 <sup>TH</sup> Butternut & Ginger Soup Roast Chicken Or Spanish Omelette(V) Mango, Lime & Coconut Slice	10 <sup>TH</sup> <b>Gages will be closed Today.</b>  <b>Sorry for the inconvenience</b>
15 <sup>TH</sup> Roast Sweet Potato & Carrot Soup Chicken Stew Or Bean & Halloumi Stew(V) Black Forest Gateau	16 <sup>TH</sup> Leek & Potato Soup Jacket Potatoes with Chilli Con Carne Or Jacket Potato with Veggie Chilli(V) Bakewell Tart	17 <sup>TH</sup> Cauliflower & Chestnut Soup Sausage Casserole Or Veggie Sausage Casserole(V) Apple Pie & Custard
22 <sup>ND</sup> Spicy Lentil & Carrot Soup Pork Goulash Or Vegetable Goulash(V) Banoffee Pie	23 <sup>RD</sup> Sweet Potato & Coconut Soup Malay Chicken Curry Or Chickpea Curry(V) Pineapple Upside Down Cake	24 <sup>TH</sup> Cream of Mushroom Soup Roast Beef Or Roasted Pepper Mac 'n Cheese(V) Chocolate Tarte
29 <sup>TH</sup> Celeriac & Apple Soup Chicken in Creamy Mushroom Sauce Or Squash, Sage & Butterbean Hotpot(V) Tiramisu	30 <sup>TH</sup> Carrot & Coriander Soup Beef Olives Or Spinach & Pine Nut Gratin(V) Apple & Raisin Clanger	31 <sup>ST</sup> Spicy Root Vegetable Soup Sweet & Sour Pork Or Sweet & Sour Quorn(V) Blackberry Posset

Prices: Soup £2.50 Main £4.50 Dessert £2.50

Please note that menus are subject to change at times

Call 01342 822661 before 11am to book a delivery

Lunch served between 12:30pm – 1:45pm

