



'GAGES'



FOREST ROW COMMUNITY CENTRE LUNCHES

SEPTEMBER 2023

GAGES WILL BE CLOSED FROM 30TH AUGUST & REOPEN WEDNESDAY 13TH SEPTEMBER.

WEDNESDAY	THURSDAY	FRIDAY
13 TH Roasted Sweet Potato & Carrot Soup Chicken Stew Or Leek, Spinach & Rosemary Gratin(V) Tarte au Citron	14 TH Leek & Barley Soup Cottage Pie Or Spicy Vegetable & Halloumi Bake(V) Chocolate & Pear Sponge	15 TH Antipasti Roast Pork Or Nut Roast(V) Apple Pie & Custard
20 TH Pea & Mint Soup Steak & Ale Pie Or Lentil & Mushroom Pie(V) Tiramisu	21 ST Butternut & Ginger Soup Roast Turkey Or Courgette Gratin(V) Rice Pudding with Plum Compote	22 ND Spicy Chilli Bean Soup Fish in Chorizo & Tomato Sauce Or Stilton Stuffed Mushrooms(V) Blackberry Posset
27 TH Vegetable Terrine Brazilian Pork Or Summer Vegetable Stew with Chickpeas(V) Vanilla Cheesecake with Berry Coulis	28 TH Vegetable Noodle Soup Beef & Pepper Stir Fry Or Quorn Stir Fry(V) Toffee Banana Spring Rolls	29 TH Mushroom Pate Coq Au Vin Or Spanish Omelette(V) Fresh Fruit Salad

Prices: Soup £2.50 Main £4.50 Dessert £2.50
Please note that menus are subject to change at times
Call 01342 822661 before 11am to book a delivery
Lunch served between 12:30pm – 1:45pm

