

REGULAR ACTIVITIES AT THE COMMUNITY CENTRE & VENUE ON THE GREEN

MORNING

AFTERNOON

EVENING

MONDAY

FORWARD EDUCATION Private Hire Held in the VENUE on the GREEN	08:15 – 09:15		
YOGA Held in the Garden Room Sarah Holland 01342 822312	09:30 - 10:45		19:15 - 20:30
U3A BRIDGE CLUB Held in the Main Hall Peter Lamb 01342 313240	09:30 – 12:30		
FOREST ROW DUPLICATE BRIDGE Held in the Main Hall Linda Souter 01342 718050		13:00 – 17:00	
ART CLUB Held in the Rose Room Val Osbon 07889385931		13:00 – 15:00	
LIP READING CLASS Held in the Garden Room Hilary Langden 01825 724393		14:00 – 15:30	
YOUTH CLUB (Year 5+6) Held at The Venue on the Green Mel Mesher 07736 637355		15:30 – 18:30	

TUESDAY

PILATES Held in the Main Hall Fiona Payne 07950526849	09:15 – 10:15		
STEP BY STEP SCHOOL Held in the VENUE on the GREEN Private Hire	10:00 – 14:00		
ART CLUB Held in the Rose Room Val Osbon 07889385931	11:00 – 13:00		
HOME SCHOOL EDUCATION Private Hire held in the Rose Room		13:45 – 14:30	
YOUTH CLUB (12 – 16 Year olds) Held in the VENUE on the GREEN Mel Mesher 07736 637355		15:30 – 18:30	
ITALIAN CONVERSATION LESSONS Held in the Rose Room Private Hire			19:00 – 20:00
SINGING FOREST CHOIR Held in the VENUE on the GREEN Naamah Pinkerfeld 07811837381			19:15 – 20:45
YOGA Held in the Main Hall Diane Roberts 07811 209493			19:30 – 21:00

WEDNESDAY

GAGES COMMUNITY LUNCHES Held in the Main Hall Home cooked lunches. Everyone welcome		12:30 – 13:45	
FUNSHINE YOGA Children aged 4-7yrs Held in the Garden Room Joanna Ellams 07770382462		14:00 – 15:00	
YOUTH CLUB (Years 5+6) Held in the VENUE on the GREEN Mel Mesher 07736 637355		15:30 – 18:30	

THURSDAY			
YOGA Sarah Holland 01342 822312	09:30 – 10:30		19:15 – 20:15
ASHDOWN HUB Held in the Rose Room Private Group	10:00 – 11:30		
SINGING FOREST CHOIR Held in the VENUe on the GREEN Naamah Pinkerfeld 0781 1837381	10:30 – 12:00		
GAGES COMMUNITY LUNCHESES Held in the Main Hall Home cooked lunches. Everyone welcome		12:30 – 13:45	
THURSDAY CLUB Sandra Aylen 01342 822661	1 st & 3 rd Thursday	14:00 – 15:30	
SPORT WITH BEN Physical activities for children 5-7 yrs Held in the Main Hall		16:00 – 16:45	
YOUTH CLUB (12 – 16 Year olds) Held in the VENUe on the GREEN Mel Mesher 07736 637355		15:30 – 18:30	
YOUTH CLUB (14 – 18 year olds) Held in the VENUe on the GREEN Mel Mesher 07736 637355			18:00 – 21:00
SPIRITED SPEAKERS Blair Reid spiritedspeakerfr@gmail.com	2 nd & 4 th Thursday		19:00 – 21:00

FRIDAY			
YOGA Diane Roberts 07811 209493	09:30 – 11:00		
YOGA Held in the VENUe on the GREEN Jude Cutler jade@artisticlicenceagency.com	10:00 – 11:00		
GAGES COMMUNITY LUNCHESES Held in the Main Hall Home cooked lunches. Everyone welcome		12:30 – 13:45	
YOUTH CLUB (Years 5+6) Held at The Venue on the Green Mel Mesher 07736 637355		15:30 – 18:30	
GUITAR LESSONS Held in the Main Hall Ariel Gagnani Altguitarschool.com		16:00 – 20:00	

SATURDAY			
FOREST ROW MARKET Sue Young 01342 822661 sue.young@forestrow.gov.uk	Held on the 1 st Saturday of Every month from March - December	10:00 – 15:00	
REPAIR CAFÉ Sara Smart repaircafefr@gmail.com	Held on the 3 rd Saturday of The month	10:00 – 13:00 Last orders taken at 12:30pm	

This information was correct on the date published but classes may be subject to cancellation